

Nappy Changing

At Raised In we have a nappy changing procedure in place so that all Educators have a clear understanding of what is expected of them.

Only Educators who have been appropriately checked and verified with a relevant DBS can change a nappy. A student on placement will not change a nappy unsupervised and a student who is 16 years or under will not be permitted to change a nappy.

- Where possible the child's Key Person will change the nappy.
- If the child is unduly distressed the Educator will report this to the parent/carer.
- If any marks or injuries are noticed these will be noted and reported to the DSL and a discussion with the parent/carer where appropriate.
- We **never** leave a child alone on a changing mat.
- We **always** seek permission from the parents before using nappy creams.

Procedure

The Educator must interact positively with the baby or child throughout the nappy changing process to enable the baby/child to feel at ease. This can be done through engaging eye contact and smiling, singing or talking.

- Clean the changing mat first: spray with anti-bacterial spray and wipe.
- Collect the child's nappies and wipes and place them on the mat.
- Lay the child on the changing mat. If the child is too heavy to lift, the changing mat can be put on the floor or as a step where available.
- Undo the clothing to access the child's nappy.
- Put on disposable gloves.
- Remove the child's nappy and place it in the bin provided (soiled nappies should be placed in a nappy sack first).
- Wipe the child with wet wipes and place them in the bin provided (use cotton wool if the child is allergic to wet wipes).
- Put a clean nappy on the child.
- Take off gloves and place them in the nappy bin.
- Replace the child's clothing.
- Clean the changing mat: spray with anti-bacterial spray and wipe.
- Wash hands and encourage the child to wash their hands, helping if necessary.

Nappies and Wipes

At Raised In we ask parents/carers to provide babies and children's nappies and wipes if they require them. We happily accept both disposable and reusable nappies and wipes. If children are using reusable nappies we ask, if possible, for parents/carers to provide nappy liners. At nursery, unclean reusable nappy bags should always be stored out of children's reach.

Signed: Nicola Brimble, Head of Nursery

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This policy links to: Health & Safety Policy, Health, Hygiene & Sickness Policy, Parents as Partners Policy, Safeguarding & Child Protection Policy and Intimate Care Policy